



Arm-Lock: NW golf duo has an option for putting

Golf's putter anchoring ban kicks in next year and some golfers will be scrambling on how to change to the smaller putter. Pacific Northwest golfers Ed Klein and Ronnie Espedal might have your answer to help you with the new rule changes with their Arm-Lock device. See inside for more on the Arm-Lock



WHAT'S NEW
IN NW GOLF

Northwest amateurs, professionals meet up

The top amateurs and professionals from around the Pacific Northwest will meet again this month on the golf course. The 67th Hudson Cup is set for Broadmoor Golf Club in Seattle and will feature the best amateur players against the top professionals from the Northwest.

The event is patterned after the Ryder Cup with the two teams playing in foursome, four ball and singles matches. The event will take place Oct. 22-23 at Broadmoor.

The Hudson Cup is named after Robert Hudson, a Portland businessman who was a long-time member at Portland Golf Club and helped get the event on the ground.

WSGA sets dates, site for 2015 fall golf series

The Washington State Golf Association has set the dates and sites for its 2015 Fall Series. The series began in September but will continue through October, November and December with a total of four tournaments to be held.

The next tournament will be Oct. 16 at Fairwood Golf and Country Club in Renton. SunLand Golf and Country Club in Sequim will host an event Nov. 13 and the series will finish off on Dec. 11 at The Home Course.

Players receive participation points for each event and more points for finishing in the top four gross and net. See www.thewsga.org for more on the WSGA's Fall Series.

Tragic NW golf loss: Chamber's Bay Fay dies

The Pacific Northwest lost one of the nicest guys in the golf business when Jamie Fay died when a tree fell on his car.

Fay, the long-time marketing director at Chambers Bay and big-time supporter of golf in the Pacific Northwest, died when a tree hit his car while he was driving home from the store. His 3-year-old daughter in the back seat fortunately went unhurt in the tragic accident.

After attending and graduating from the University of Puget Sound in 2001 he went to work for KemperSports, working at Bandon Dunes Golf Resort. In June 2008, he left Bandon Dunes to take the position of Director of Sales and Marketing at Chambers Bay Golf Course, and in 2011 he was promoted to Assistant General Manager. Jamie leaves behind his wife Jen and two young daughters, Eilee and Elsie.

Rules Quiz

A player hit his tee shot to the right into a lateral water hazard. It is known or virtually certain the ball is in the lateral water hazard. In the interest of saving time should he find the ball in the lateral water hazard and be able to play the ball he announces a provisional and plays a ball again from the tee. What is the status of the original ball and the second ball played from the tee?
See Page 2 for the answer.

Destination: South Carolina

There is plenty to like about taking a golf vacation and there is even more to like when the golf vacation is in South Carolina. With places like Kiawah Island Golf Resort (pictured) right and tournaments like the Myrtle Beach World Amateur Handicap Championship (story on page 2), South Carolina is a place that has it all. Golf can be found throughout the state - and especially along the Atlantic Ocean in places like Charleston (story inside). Please see this section for more on golfing South Carolina.



Twin Lakes: Golf with that private feeling



There are a lot of choices when it comes to teeing it up in the Pacific Northwest, but Twin Lakes Golf and Country Club in Federal Way tries to roll out the welcome mat for everyone. The semiprivate club in Federal Way, Wash. offers memberships but is also open for public play. And there is plenty to like with its terrific golf course and amenities. See inside for more on Twin Lakes.



LPGA tournament puts Sahalee back in the national golf spotlight in 2016

Sahalee Country Club in Sammamish, Wash. is used to being in the golf spotlight. In recent years the club has hosted the PGA Championship, the NEC Invitational and the U.S. Senior Open. Now, the ladies get a turn at Sahalee.

Sahalee Country Club will host one of the LPGA major championships in 2016 with the KPMG Women's PGA Championship set for June 9-12 and featuring the best the LPGA Tour has to offer for four days.

The tournament had been known as the LPGA Championship through 2014 until the PGA of America got involved with the LPGA and decided to change the name, add money and put it squarely in the golf spotlight.

"One of the key pieces of our collaboration with KPMG and the PGA of America was the commitment to bringing this Championship to world-class venues, and Sahalee Country Club will provide a great major championship test for our players," LPGA Commissioner Mike Whan said. "The Pacific Northwest has always been a strong supporter of the LPGA and we are excited to bring the Tour back to Seattle for the first time since 1999."

The Seattle area had for years been home to the Safeco Classic at Meridian Valley Country Club in Kent. It was one of the most popular stops on the Tour until Safeco pulled the sponsorship from the tournament. The Portland area annually has an LPGA event in August.

Sean Riley, a PGA golf professional who grew up in southern Washington, has been named as the director for the tournament. Riley is no stranger to Sahalee having worked at the course as an intern in 2007. Riley also worked for the American Junior Golf Association establishing several significant events in Washington including the Ryan Moore Junior Championship at Oakbrook in Lakewood.

Sahalee President Steve Oaks said the club is excited about getting the tournament to the Seattle area in 2016.

"There is plenty of excitement at Sahalee to host a women's major championship," he said. "Our eight founders designed the course to host championships."

Back to the beach: World Amateur event in Myrtle Beach is a spectacle

It had been a few years since I had been to the Myrtle Beach World Amateur Handicap Championship. I had gone for years and had loved every minute of it. Besides, what was not to like about this week-long event. There were the four tournament rounds. The 19th hole party at the convention center with free food and yes, some free spirits and the chance to meet some other golfers from around the country.

The weather? OK maybe a little hot and humid and sticky, but for most of the golfers in the tournament no big deal. For those of us from the Pacific Northwest, always a little different but just remember to bring a change of shirts for the turn.

This is an event that not only feels like a professional tournament but this year was a tournament with nearly 3,400 players. It has an endless amount of flights for men, women and seniors. It seems that nearly every course on the Grant Strand (the name for the Myrtle Beach area) is used during the week and the post-round party at the convention center must be seen to be believed.

It is indeed golf nirvana.

The tournament has been a part of the Myrtle Beach golf landscape for over 30 years and the numbers are always big. Players come from across the country and from around the globe to take part. In fact, this year there were 207 international players and a total of 27 foreign countries represented at the tournament.

From the Pacific Northwest, we spent about five hours in the air to get there. One player spent a total of 10,512 miles to get there from a foreign country. Now that's golf dedication.

A few other tidbits: There were 48 of the 50 states represented at the tournament and there were four holes-in-one during the course of the tournament. More importantly, there were 18,480 beers consumed during the 19th hole.

Considering John Daly was hanging out for two nights at the Myrtle Beach Convention Center there was no doubt that alcohol was involved. In fact Daly was there to press the flesh and to promote his own brand of drinks called John Daly Cocktail, a vodka mixture that actually tastes pretty good and has a 17 percent alcohol content. By the way, after seeing Daly in person for the first time,



he is not nearly as tall as he seems on TV and fills out his golf shirt in a robust way.

If you are a golfer, Myrtle Beach needs to be on your bucket list. Myrtle Beach Golf Holiday, which runs the tournament, also puts on several

other events during the course of the year that are worth the trip to the East Coast. Myrtle Beach might seem like a man's golf trip idea, but many people bring the family. There is plenty to do from lounging at the ocean, playing putt putt golf, driving go carts and other family activities.

But if you do decide this is a man's trip, there is plenty for you to see and do - from night clubs to shows to a variety of golf courses, it is truly a vacation friendly kind of place.

The World Amateur really lives up to its name. It's a tournament which has open arms for people from around the world. You might not play well, but after you shoot a 92 and the beverages are flowing at the Convention Center, you really don't care what you shoot.

Steve Turcotte is editor of Inside Golf Newspaper. He can be reached at sdTurcotte@comcast.net.



Nearly 3,400 players from around the world took part in this year's World Amateur Handicap event.

Double Bogey



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Rules Answer

Answer: The original ball is lost. The ball played as a provisional is now the ball in play.

• Inside Golf would like to thank Paul Lucien for his insight on the rules.

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When anchoring ban hits in 2016, Northwest duo has an answer for golfers looking for help

When the USGA and Royal and Ancient said there would be a ban on anchored putters in 2016, many golfers were left to figure out what to do. A couple of Northwest golfers just might have an idea for those in need.

Arm-Lock Golf co-owners Ronnie Espedal, Ocean Shores PGA professional, and Ed Klein, club member/stockbroker, started their putter grip company to solve the needs of anchored putter users facing the 2016 anchor ban.

Their arm-lock putter grip adds enough loft to convert any putter to an arm-lock putter. The arm-lock method, used by Matt Kuchar, will be legal after the 2016 ban. The original converter grip was chosen as the sixth best new product out of over 200 at the Orlando PGA Merchandise show in January. The first conforming putter

grips were available in June. The company progressed to a counterbalanced grip model and then to a modification to the originals with flat fronts and slightly smaller size.

Now Arm-Lock Golf is taking on the mainstream putter grip companies with new models designed to help all golfers putt better.

Now the choices include five models covering arm-lock, counterbalanced and traditional putter grips. More grips are currently under development. Espedal and Klein believe that the RX model and new RX LITE are the best putter grips made. Both grips feature a flat front, a tapered diameter and the best feel of any grips available. The grips have such a tacky surface that the grips can stick to each other, demonstrating the lighter grip pressure needed with the RX grips.

Light grip pressure leads to better feel and fewer putts. Arm-Lock's marketing is centered around golf pro shops and secondarily, large retailers. The golf professional's advice is very valuable, especially for players who use anchored putters. The company's goal is to make the full line of grips available in all pro shops and retailers.

Also of note is an effort to have their grips used on the PGA, Champions and LPGA tours. A tour representative is beginning to introduce grips to the PGA tour and contacts were recently made with top anchored putter users at the Boeing Classic.

To purchase grips, inquire at your local pro shop or retailer. Grips are also available online at www.arm-lockgolf.com or call 360.581.2790 for more information.



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Even Bandon was affected by Northwest fire danger; Mack Jr. wins Senior PGA

The wild fire broke out on the north end of the Bandon Dunes Golf Resort last month closed Old Macdonald and Pacific Dunes. The irrigation systems on both courses were partially activated to serve as protection.

Play on the resort’s other courses – Bandon Dunes, Bandon Trails and the par-3 Bandon Preserve – continued. The fire was located north of the 16th fairway and green and 17th tee at Old Macdonald, with no damage to any golf course structures.

The original breakout seemed to most affect the Bally Bandon Sheep Ranch, a golf course that is just north of the Bandon Dunes Golf Resort and has no formal relationship with the resort.

Conditions in the region were unusually dry. Compounding the risk of fire is the ubiquity of non-native gorse in the area. Gorse was originally brought from Ireland in the 19th century to provide for shoreline erosion control. It has since spread up and down the adjoining Oregon coast without limitation by natural predators. The volatile plant is readily combustible. A gorse fire broke out on the construction site of Pacific Dunes in 1999.

Twice in the last century, in 1910 and again in 1936, the town of Bandon, six miles south of the resort, burned to the ground due to an uncontrolled gorse fire. Course managers at the 2,000-acre Bandon Dunes resort regularly undertakes an extensive gorse eradication program of acres of the plant.

Mack Jr. claims Senior PGA event

PGA Professional George Mack Jr. of Black Butte Ranch (Sisters, OR) won the Senior PGA Professional Championship by four strokes after rounds of 72-68-140 at The Home Course. In second place was PGA Professional Mark Keating of Pumpkin Ridge GC (North Plains, OR).

PGA Professional Jim Pike of Sahalee CC (Sammamish, WA) placed in lone third.

In addition to Mack Jr., Keating and Pike, Rob Gibbons of Arrowhead GC (Molalla, OR), Steve Stull of Meadow Springs CC (Kennewick, WA), Chuck Milne of Vanco Driving Range (Vancouver, WA), Steve Prugh of Manito G&CC (Spokane, WA) and Mark Gardner of The Creek at Qualchan (Spokane, WA) all earned spots and qualified for the 2015 Senior PGA Professional National Championship that will take place on October 15th-18th, 2015 on both the Bayonet and Black Horse Golf Courses in Seaside, CA.

Washington team 17th at USGA event

After chasing Florida since the first round, Georgia rallied to win its fourth USGA Women’s State Team Championship, by three strokes, in the 11th edition of the biennial team championship conducted on the par-72, 6,203-yard Dalhousie Golf Club course in Cape Girardeau, Mo.

All three Georgia players – Lauren Lightfritz, Emilie Meason and Margaret Shirley – contributed to Georgia’s winning 54-hole score of 4-over 436.

The Washington team of Amanda Jacobs of Seattle, Leslie Folsom of Tukwila and Shawn Farmer Sese of Bellevue finished 17th with a 458 team score.

Canadian golfer wins PNGA Mid-Am

Brent Wilson of Cobble Hill, B.C. shot a final round 1-under-par 70 to come from behind and win the 31st Pacific Northwest Men’s Mid-Amateur Championship.

The 54-hole stroke-play championship was held on the Valley Course at the Westin Bear Mountain Resort in Victoria, B.C., and was con-

ducted by the Pacific Northwest Golf Association (PNGA).

Wilson, 33, had started the day a shot behind co-leaders Erik Hanson of Kirkland, Wash. and Rob Olson of Victoria, B.C. With all three players paired together in the last group of the final round, Wilson had his work cut out for him, with Hanson already having won the 2015 Pacific Northwest Master-40 Championship, and Olson perhaps having an edge, being the current club champion at Bear Mountain.

Penner wins Tacoma Open crown

Kevin Penner of Sammamish won the Tacoma Open at Meadow Park Golf Course with a three-round total of 199. He beat out Christopher Evans who finished at 200.

Penner won a first-place check of \$10,000 for the win, which attracted some of the Pacific Northwest’s touring professionals including Troy Kelly and Andres Gonzales.

Penner opened with rounds of 66 and 70 but came from behind with a 63 in the final round. Professionals and amateurs both competed.

Burkey-Smego team win PNGA event

Ginny Burkey of Eugene, Ore. successfully defended their title by winning the 33rd Pacific Northwest Women’s Senior Team Championship. Smego and Burkey had paired together last year in winning the championship. They won by 16 strokes last year and 22 strokes this year.

The championship was held at Sunriver (Ore.) Resort, and was conducted by the Pacific Northwest Golf Association (PNGA).

Burkey has now won this event six times. She won four in a row with Loree McKay (2008-11), and then 2014 and 2015 with Smego. Smego has won three times now.

Oki Golf has a way for golfers to take advantage in winter with its Unlimited Winter Golf Card

The Pacific Northwest experienced one of the best golf seasons in years with cooperation from the weather starting way back in January of 2015.

Incredibly the area saw over 51 days of 80+ degree weather which was both a blessing and a heartache for the industry. With such dry weather, golf courses had to deal with water conservation while keeping their product alive and in good condition for its golfers.

As the Pacific Northwest heads into the off season, the long term weather forecast if for once again a dry, warmer than normal winter and spring time. For the golfer, this is ideal to keep their game in shape and many courses in the area offer off-season promotions to keep them playing.

For the third year, Oki Golf is again offering their Unlimited Winter Golf Card at six of their public courses, giving golfers unlimited play from November to February of next year.

The cards start as low as \$149.99 for unlimited winter golf giving the player the ability to keep their game refined for the duration of the off-season at a very reasonable price. Oki Golf’s public properties are some of the premier courses in the Northwest.

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WinCo Foods Portland Open sends 25 players to PGA Tour

Veteran Web.com Tour player Dicky Pride, riding a late-season wave of momentum, carded a final round 4-under 67 to win the WinCo Foods Portland Open and earn his PGA Tour card for the 2015-16 season. Pride, who led by four shots entering the final round at the Witch Hollow course at Pumpkin Ridge, finished at 20-under 264, three strokes in front of four-time PGA Tour winner Tim “Lumpy” Herron (66) and four ahead of a late surging Tommy “Two Gloves” Gainey (65), also a former PGA Tour winner.

Pride’s only other career title came in his rookie season on the PGA Tour at the 1994 FedEx St. Jude Classic.

Pride collected a check for \$144,000 in the Tour’s final regular season event and vaulted from No. 40 to No. 5 on the Web.com Tour’s money list. The Top-25 money winners earned 2015-2016 PGA Tour cards.

The WinCo Foods Portland Open was the final event of 21 regular season events on the 2015 Web.com Tour schedule. At the conclusion of play, the Top-25 money winners for the season were presented with their PGA Tour cards during a special ceremony on the 18th green at Witch Hollow. Just six weeks after the WinCo Foods Portland Open, these Web.com Tour graduates



Dicky Pride won the WinCo Foods Open.

will now be playing on golf’s biggest stage beginning with the Frys.com Open Oct. 15-18.

Pride was not the only winner after a fantastic week at Pumpkin Ridge. The tournament announced that the event generated \$1,115,000 for local charities, the second-highest charitable outcome on the 2015 Web.com Tour.

Feenstra claims Pacific NW Championship

PGA Professional Tim Feenstra of Broadmoor GC (Seattle) came from five strokes behind PGA Professional Brian Thornton of Meridian Valley CC (Kent, Wash/) to win his third Pacific Northwest PGA Professional Championship in a playoff. Feenstra had six birdies on his way to his 6-under par 66 to force a playoff.

On the first hole of the playoff, Feenstra birdied to win after Thornton’s birdie putt narrowly missed. Feenstra has previously won this event back in 2011 at Illahe Hills CC and 2013

at Meadow Springs CC. PGA Professional Clint Ables of Wildhorse Resort GC (Pentleton, OR) and PGA Professional Brian Nosler of Golf in the Pearl (Portland, OR) finished in a tie for third place. Tim Feenstra, Brian Thornton, Clint Ables, Brian Nosler, Tony Robydek, Jason Aichele, Ryan Malby and Jason Pitt all earned a spot and advanced directly to the PGA Professional Championship, June 26-June 29th, 2016, at Turning Stone Resorts Atunyote and Shenendoah Courses – in Verona, New York.

Tour Players With Northwest ties

PGA Tour

- Ben Crane • Portland • 190th on the list with \$203,254
- Robert Garrigus • Gresham • 183rd on the list with \$253,699
- Andres Gonzales • Olympia • 111th on the list with \$925,335
- Troy Kelly • Bremerton • 217th on the list with \$67,547
- Ryan Moore • Puyallup • 30th on the list with \$2,642,306
- Alex Prugh • Spokane • 142nd on the list with \$636,789
- Andrew Putnam • Tacoma • 178th on the list with \$282,879
- Michael Putnam • Tacoma • 154th on the list with \$557,803
- Kyle Stanley • Gig Harbor • 184th on the list with \$245,504
- Nick Taylor • Ex-UW • 93th on the list with \$1,072,360

Web.com Tour

- Jason Allred • Ashland • 41st on the list with \$114,490
- Joel Dahmen • Clarkston • 62nd on the list with \$86,344
- Jeff Gove • Seattle • 124th on the list with \$29,477
- Richard H. Lee • Bellevue • 164th on the list with \$9,093
- Brock Mackenzie • Yakima • 94th on the list with \$47,335
- Andrew Yun • Tacoma • 50th on the list with \$101,199

Champions Tour

- Jeff Coston • Blaine • 82nd on the list with \$82,240
- Fred Couples • Seattle • 36th on the list with \$479,311
- Bob Gilder • Corvallis • 75th on the list with \$103,539
- Brian Henninger • Eugene • 39th on the list with \$371,912
- Peter Jacobsen • Portland • 102nd on the list with \$43,375
- Kirk Triplett • Pullman • 22nd on the list with \$630,336

LPGA Tour

- SooBin Kim • Ex-UW • 102nd on the list with \$63,522
- Paige Mackenzie • Yakima • No cuts made
- Sadena Parks • Tacoma • 100th on the list with \$69,680
- Wendy Ward • Edwall, Wash. • No cuts made

LPGA Symetra Tour

- Molly Aronsson • Ex-UW • 98th on the list with \$5,919
- Kelli Bowers • Chelan • 90th on the list with \$7,145
- Jimin Kang • Seattle • 12th on the list with \$46,159
- Renee Skidmore • Everett • 148th on the list with \$1,863
- Kim Welch • Ex-WSU • 124th on the list with \$3,030

Did you know....

• The WSGA will be holding the 94th Annual Meeting on Oct. 24 at Meridian Valley Country Club. Founded in 1922, the association is the ninth largest state or regional golf association in North America. Many topics will be discussed at the meeting, if you are interested it’s a great venue to learn what is new and what is upcoming in the WSGA.



• Oregon Junior Golf Winter Series dates are as follows: Camas Meadows GC Oct. 11 (registration deadline was Sept. 30); Stone Creek GC Oct. 18 (registration deadline is Oct. 7); OGA GC Nov. 1 (registration deadline is Oct. 21); Rock Creek GC Nov. 8 (registration deadline is Oct. 28); Bandon Dunes Dec. 19 (registration deadline is Nov. 9).



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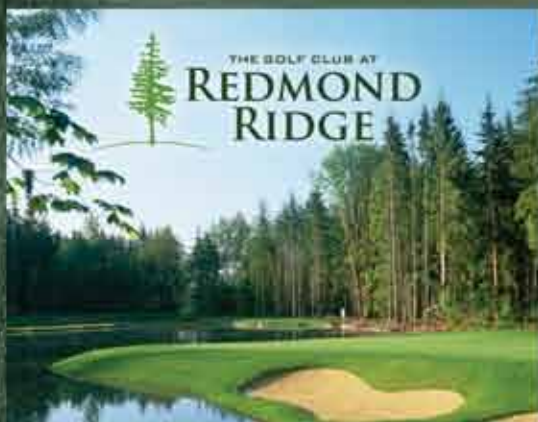
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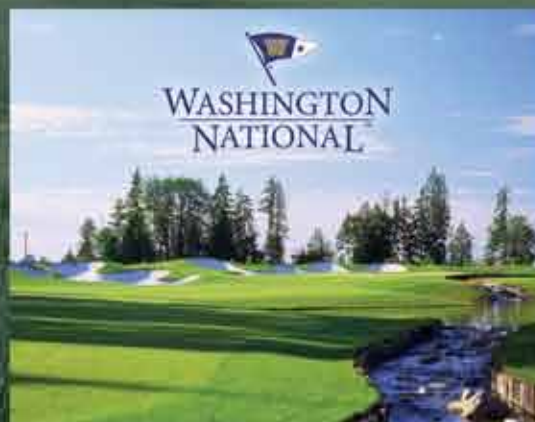
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Enumclaw Golf Course now becoming solid winter option

When Bob Gelinas took over the management at Enumclaw Golf Course more than two years ago, he knew what needed to be done. He had heard the complaints from golfers at Enumclaw and he was ready to take action.

Now, more than two years later, the course is drier and the rounds are up.

“The two went hand in hand,” said Gelinas. “Once people found out the course was in better shape and drier word of mouth helped get more people out here. And rounds are up.”

Enumclaw Golf Course has always seen its share of play, but the big knock was the wet conditions in the fall and winter months. Gelinas has had his maintenance crew install almost a mile of drainage so far and more is to come. The big difference has been drier fairways on a couple of

holes. Gelinas’ brother-in-law Steve Schmidt and his company SideTool have come in and made quick work with the trenching projects. In addition, extra work continues on the approaches of every hole with punching and sanding. It’s made great improvements for shots that are 40 yards or less to the green.

Enumclaw Golf Course is owned by the city and Gelinas owns the management contract for the course and maintenance. He hopes to keep making big changes.

“We will try and work on the drainage and irrigation of a couple of holes each year,” Gelinas said. “People like a dry golf course.”

If you haven’t played Enumclaw in a while, not only is it drier, but the nines have been flipped to help improve the overall feel and pace of play.



Irrigation improvements have made Enumclaw Golf Course a drier place to tee it up in the winter.

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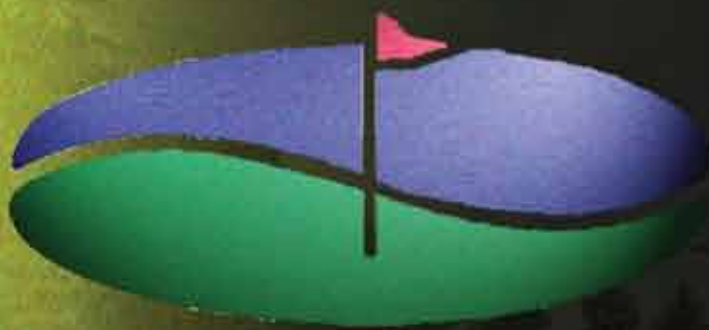
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Suncadia Resort - Prospector | Cle Elum, Wash.

October 16, 2015 | 2-Person Best-Ball
Fairwood G&CC | Renton, Wash.

November 13, 2015 | Individual Stroke Play
Sunland G&CC | Sequim, Wash.

December 11, 2015 | 2-Person Scramble
The Home Course | DuPont, Wash.

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Pacific Amateur draws golfers from around country to Bend

Kelly Davis of Bothell, Wash. shot a net score of 68 in the championship round to win the Lithia Pacific Amateur Golf Classic at Sunriver's Crosswater Golf Club.

This year's tournament had nearly 400 players teeing it up at some of Central Oregon's best golf courses. Many of the players came from the Pacific Northwest to take part in the 19th annual event while some came from around the country and others from around the world.

The players took part in flight play with the top four players from each flight advancing to the championship flight at Crosswater.

Davis shot a gross score of 83 at Crosswater with his 15 handicap for a winning score of 68. Davis finished first in the second flight.

For info on the Pac Am call 888.425.3976.



Golfers from around the world came to Central Oregon to take part in the Lithia Pacific Amateur Golf Classic, held at some of the top courses in the area.

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Kiawah Island

One of the world’s top golf resorts offers plenty of golf, including the nationally acclaimed Ocean Course

There are plenty of choices to make when it comes to making vacation plans for a golf trip. One of those places should be Kiawah Island Golf Resort, an award-winning resort in South Carolina and home to some of the country’s top golf courses. Tucked away on the coast and just south of Charleston, Kiawah Island features everything you would want in a golf resort, from the five championship golf courses, to the bike trails, to the tennis courts, to the swimming pools . . . you get the idea.

If you’ve never heard of Kiawah Island, get out of that cave. This is a place where the 1991 Ryder Cup matches were held and a place where the 2007 Senior PGA Championship was held as well. The 2012 PGA Championship took place at the Ocean Course at Kiawah Island and that’s not all as the 2021 Championship will also be staged at the Ocean Course.

Big time events for a big time golf resort. The golf publications can’t say enough great things about the place. *Travel and Leisure Magazine* has ranked Kiawah Island the top golf resort in the country and *Golf Magazine* has named the Ocean Course the third best course in its places to play listings. In the listings of resorts, Kiawah beat out such heavyweights as Pebble Beach, Pinehurst and Bandon Dunes. In fact, the Ocean Course is ranked among the best, not only in the country, but in the world.

And just to show how good the golf is at Kiawah Island, the Ocean Course has been given five stars by *Golf Digest*, just one of 17 courses in North America to be given the five-star rating. In addition, the Cougar Point, Oak Point, Turtle Point and Osprey Point courses have all been given 4 1/2 stars by *Golf Digest*. Osprey Point has undergone a recent re-model with work done on all of the greens

and tees and the project has given the course a new look.

And the golf is not all. *Tennis Magazine* has ranked Kiawah Island the best tennis resort in the country while a tennis vacation website has ranked the resort as the top tennis resort in the world. Kayaking and nature tours to bicycling and days spent at the beach are more recreational activities at the resort. Kiawah was voted “No. 1 island to visit in the U.S. mainland” by *Conde Nast Traveler*. (and *Conde Nast Traveler’s Readers’ Choice* poll named Kiawah Island as the No. 2 island in the world behind only Palawan in the Philippines. The beach was named on of the top 10 beaches in American by Dr. Stephen Leatherman, aka, Dr. Beach (www.drbeach.com).

But what most people know about Kiawah Island is the Ocean Course, which was designed by Pete Dye and opened the same year as the Ryder Cup matches. It’s a spectacular layout, set along the Atlantic Ocean with holes stretch out from the clubhouse and back. In fact, a new clubhouse was constructed for the 2007 Senior PGA Championship. It’s little wonder why the course is ranked among the best in the country and the world. The Ocean Course also features some great views.

The golf courses all have big names attached to them. The designers at Kiawah Island Resort include Dye, Jack Nicklaus, Gary Player, Tom Fazio and Clyde Johnston.

Need a place to stay? Kiawah has you covered with a variety of rental properties as well as the Sanctuary, a 255-room palace with ocean views. More? The movie *The Legend of Bagger Vance* did much of its filming around Kiawah, including the addition of a hole used for the movie.

See www.kiawahgolf.com for more.



The Ocean Course will host the 2021 PGA (top); The Sanctuary is an award-winning hotel on site.

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Charming in Charleston: Stono Ferry, Shadowmoss are terrific and historical

By Steve Turcotte, Inside Golf Editor

If you a history buff and golfer, Charleston is a place that has you covered. From the terrific variety of golf courses to the historical stories that go with some of the courses, Charleston is a history lesson and terrific golf opportunity all rolled together.

From places like Shadowmoss Golf Club to Stono Ferry Golf Links, Charleston is a place where you can tee it up near the Atlantic Ocean and learn about some U.S. history.

How's that? Take a look at the sign that sits on one of the holes at Stone Ferry and talks about the Battle of Stono Ferry on June 20, 1779, a battle that was part of the revolutionary war between the Americans and British. It was a battle that killed President Andrew Jackson's older brother Hugh. The area is chock full of that kind of history plus some great golf.

• Stono Ferry Golf Links is a place where history really comes out. Part of the course was battlefield in 1779 between the Americans and British as 300 soldiers lost their lives. An old railroad line between Savannah and Charleston ran right where the golf course is today in the late 1850's and was the main lifeline between the two cities. But don't forget about the golf.

Stono Ferry is ranked among the top courses in the area for a reason. There was plenty of challenging holes and plenty of holes with some water views. The finishing hole is a par-4 with an island green.

The course was voted the course of the year in 2011 in South Carolina, which means plenty since the area is full of award winners.

• Shadowmoss is another Charleston golf treat. The course has been voted as the "best



Alligator sightings are always possible.

golf value in Charleston" and located 12 minutes from downtown. The course has been around for 40 years in the Charleston area and a change to Champion Bermuda greens in 2003 has been a big improvement to the putting surfaces.

The course has a treat for visitors and the locals. There are plenty of challenges along the way including a narrow creek that crossed the fairway short of the green on the par-5 fifth hole and a lagoon system that parallels, crossed then parallels again the fairway of the 8th hole.

And along the way, you might spot an alligator or two at one of these courses.

There's plenty to like in Charleston.



Shadowmoss (top) and Stono Ferry are two terrific choices when making a visit to Charleston.

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The Lesson Tee: Here are some ways to overcome those nerves around greens

Many golfers come to me struggling with their pitching and chipping. Sometimes they even have the yips around the green. After a while these poor images abort their short game and become difficult to overcome.

Step one:
Create a reactive routine that take the conscious mind out of the equation.

If every golfer made "the game of golf" more reactive; took less time and incorporated a subconscious flowing routine on EVERY shot most would not only play better but have more fun!

In your routine: Waggle looking at the target, spend more focus on the target and less time standing and thinking while looking at the ball. I like to imagine Steph Curry shooting a basketball. Let it go! Keep moving! Less thought. Less energy. Less time.

Step two:
Practice landing the ball where you want. Place a shaft or even a hula hoop on the green and get better at landing the ball where you want. Forget the hole, practice landing the ball where you want.

Step three:
If every golfer leaned more left at address with chest and nose on top of the golf ball, and finished turning on your left hip/leg all would hit their pitches more solid.

Take out the ROOTS of the grass not just the tops of the blades of the grass. (good image) Thump the roots as you turn. (photo 1 and 2)

Step four:
Big key here. Most poor to average pitchers of the golf ball create too many angles with their elbows folding and wrists hinging. Imagine you have casts on your arms:



In your routine: Waggle looking at the target, spend more focus on the target and less time standing and thinking while looking at the ball. I like to imagine Steph Curry shooting a basketball. Let it go! Keep moving! Less thought. Less energy. Less time.

(photo 1 and 2) and just turn your triangle of your two arms and chest back and through. Remember always start left and finish left. Its like your chest is the hub of the wagon wheel and your arms are the spokes. Keep it moving. Less hinge, less folding of your arms.

Jeff Coston is a Champion Tour Member. He is a member of the Pacific Northwest PGA Hall of Fame. Jeff can be reached at Semiahmoo for appointment by calling 360-201-4590. See jeffcoston.com



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RESORT SEMIAHMOO

Rules of the Game: There are several ways to improve your knowledge of golf rules



I am frequently asked how a person can learn more about the Rules of Golf. So here are some resource options.

In the Rules of Golf book, on pages 11-17, there is "A Quick Guide to the Rules of Golf". I think this is a great place for players or budding rules officials to start. Most people should be able to read this guide in about an hour.

On the web, at USGA-Rules.com, are the "Rules of Golf Explained" videos. The 12 videos are each about 5 minutes long. And while they won't win any Oscars, I think they are pretty good at explaining a number of important rules concepts and procedures. I like these videos.

The USGA has recently introduced the "Rules of Golf Experience" on their web site. I have tried some of it, but not enough to have an informed opinion.

In the Rules section of the USGA web site, you can take rules quizzes. This is a quick and easy way to test your knowledge of the rules. I like these quizzes.

Of course, a person can always just read the Rules of Golf, either in book form or



Here are some Rules of Golf resources: the Rules of Golf (the Rules book), Golf Rules Illustrated (an older edition), and Decisions on the Rules of Golf

on the USGA web site. But I think most people would find it a tough read. Instead, I recommend "Golf Rules Illustrated". This is a USGA publication that takes the rules and adds pictures, diagrams and famous incidents to bring the rules to life. This is a much easier and more enjoyable read.

And then there are the Decisions (available in book form and on the USGA web site) for those who want to take their knowledge of the rules to a higher level. There are over 1,200 Q&A format decisions that clarify the rules. Most of these decisions are the result of actual incidents that have occurred in real tournaments.

And finally, the "gold standard" for rules training is the PGA/USGA Rules of Golf

Workshop. These workshops are offered every winter in about 20 locations around the country. I've attended five of the 4-day workshops over a span of twelve years, and I can report that they are excellent. I can also report that the total cost of registration (\$350), travel, hotel, and meals can approach \$1,000. Thankfully, some golf organizations offer partial reimbursements for their working rules officials.

So please give one or more of these resources a try to improve your knowledge of the rules.

Russ Wing is a rules official with WJGA, WSGA, NCAA and other golf organizations. He can be reached at RussWingRules@gmail.com.

Ladies: Find out what worked and didn't with golf

Ladies: let's get real... What worked & what didn't work this summer..."SHIFT Gears or equipment"

At the end of each season, I do a little personal golf evaluation....what worked in my golf game & what didn't. For me personally, my short game & putting felt amazing. I can get up & down from anywhere. That is one of my strengths. What didn't feel the best for me, is my driver. I need to go "driver shopping"... I want more distance like everyone. I like to go driver shopping every couple of years (to take advantage of the technology). So that is on the "to do list this fall".

Lately, I have had many golf students taking golf lessons with golf clubs from the 1980s. I'm excited that they are starting to golf again, but let's go shopping & get you something in your hands that doesn't feel like a 2x4 ! I love to see the excitement in their eyes when all it is... Is equipment upgrade. It could be as simple as getting a new driver, fairway wood or new putter...(start making a list of "what is good.& what might need to be upgraded"... Let's shift into this century!

Another gal student had all "hand me down fairway woods"... (of course all men's steel.. too long & too stiff for her). She tried a ladies graphite 7 wood, started smiling, felt amazing & now what's to play golf more often. Ladies let's shift into what "you need"...pass those other clubs onto your 13 year old grandson who might love them!

Ladies, October is a great time to evaluate your game, equipment & shift into what works for you. Happy shopping.

This winter, I will be teaching golf in Palm Desert, California. (Come take a golf trip to see me this winter).

Becky Fossum is an LPGA teaching professional. She can be reached at www.beckyfossumgolf.fotomerchant.net or 253-576-3130.

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Twin Lakes: Part of the NW golf landscape for nearly 50 years

Twin Lakes Golf and Country Club in Federal Way, Wash. has been in play for nearly 50 years, opening in 1967. It has been a place that has hosted big-time tournaments, big-time events and seen plenty of changes.

The club is a place that would seem to appeal to just about every type of golfer - becoming a semiprivate club with a country club feel with tee times for the public.

Twin Lakes is a place that has a little of something for everyone. For the families, there is the swimming pool and one of the top junior golf programs in the area. For the serious golfer, there are memberships that give you all the golf you need on a course that demands precision and accuracy.

And for those in need of hosting a wedding

or special event, the Twin Lakes clubhouse has plenty of room for meetings and banquets for any type of occasion on or off the course.

The club opened as a private facility nearly 50 years ago but became semiprivate a few years ago offering public tee times. But Twin Lakes is still a place with that private feeling.

The course winds through the tall Pacific Northwest trees. It might not be the longest course around (6,196 yards) but is the kind of course where you will need every club in the bag. It's also a course with some terrific views, as you stand on the 15th tee you can see the Puget Sound, Vashon Island and the Olympic Mountains all at once.

There are plenty of reasons to tee it up at Twin Lakes. Call 253.838.0432 for more info.



Twin Lakes Golf and Country Club in Federal Way has been around for nearly 50 years.

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Events at **RIVERBEND** **Riverbend Winter Series**

19th Annual Winter Better Ball – December 12, 2015

19th Annual Winter Scramble – January 16, 2016

22nd Annual Riverbend Ball Buster – February 20, 2016



2015 Winter Demo Day

December, 5 2015 | 10:00 a.m. – 3:00 p.m.

All Major Manufactures, Discounts, and Much More

Free Hot Dogs and Soda!



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NOVEMBER GROUP LESSONS

Weeknights 6 p.m.

Saturdays 10 a.m.

\$75 per student



Par 3 Golf Course: 253-856-5195 Driving Range: 253-856-5175

A City of Kent Facility | 253.854.3673 | riverbendgolfcomplex.com



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